

# 36<sup>th</sup> Sri Chinmoy Marathon Swim

Sunday, August 4<sup>th</sup> 2024 – Entry Form Solo Swimmer



Male  Female

with wetsuit  without wetsuit (you have to be able to swim in 19°C cold water, category change before the race is not possible)

I participated in the race in the year(s): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

I applied but did not get a place in the year(s): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

This is the first time I apply for the Marathon Swim.

Name		First name
Street/no.	Postcode	City
Tel	Date of Birth	Country
Nationality	Occupation	Club
E-mail	T-Shirt Men: <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL	T-Shirt Women: <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL

Average speed for 26 km: \_\_\_\_\_ km/h

Expected finishing time (calculate with 30 km): \_\_\_\_\_

My current personal best for 1 km: \_\_\_\_\_ min.

Boat  I need a boat with captain (CHF 280.-)

~~Special requests for the boat: \_\_\_\_\_~~

~~I will bring \_\_\_\_\_ helper(s) on the boat, max. 2 people (limited space – small boats!)~~

~~Name(s) of helper(s) on the boat \_\_\_\_\_ / \_\_\_\_\_~~

I have my own boat  I have read the information "own boat"  I have attached a picture of the boat

Contact details of the captain/paddler: Name \_\_\_\_\_ Tel. \_\_\_\_\_

E-mail: \_\_\_\_\_ Name of boat owner: \_\_\_\_\_

**Mobile number on the boat for safety communication:** \_\_\_\_\_

I confirm that I will complete in the year 2024 a training in open water (**max. 19°C**) of at least 6 hours or 18 km.

I confirm that I am able to swim for at least 6 hours at a minimum speed of 2,8 km/h.

By registering, I assure you that I am healthy and in a sufficient training condition. I confirm that I have an accident insurance. I participate at the Marathon Swim on my own risk, responsibility and danger. I will not make any claims against the organizer or the boat drivers for damages and injuries of any kind that may occur to me as a result of my participation. The Sri Chinmoy Marathon Team does not assume any liability whatsoever towards active participants and third parties.

Please write about your swimming background. Since how many years are you doing swim training? What is your training volume in km per week/year? Which long distance (openwater) races have you done?

My total entry fee in CHF (Swiss Franc): Solo swimmer: 200.- + (Boat 280.-) =

Send it latest until November 30<sup>th</sup> 2023 to: [marathonswim@srichinmoyraces.ch](mailto:marathonswim@srichinmoyraces.ch)

# 36<sup>th</sup> Sri Chinmoy Marathon Swim

## Sunday, August 4<sup>th</sup> 2024 – Entry Form Relay team



with wetsuit     without wetsuit (you have to be able to swim in 19°C cold water, category change before the race is not possible)

I (we) participated in the race in the year(s): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

I (we) applied but did not get a place in the year(s): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

This is the first time we apply for the Marathon Swim.

### Team name

Name of the team leader

First name

Street/no.

Postcode

City

Tel.

E-mail

Country

Nationality

Club

Date of Birth

My current personal best for 1 km: \_\_\_\_\_ min

T-Shirt Men:     S     M     L     XL     XXL

T-Shirt Women:  S     M     L     XL     XXL

Expected finishing time: \_\_\_\_\_ **Please be aware that your team must be able to swim a minimum speed of 2,8 km/h to make the cutoffs.**

Boat  ~~We need a boat with captain (CHF 280.-)~~

~~Special requests for the boat: \_\_\_\_\_~~

~~We will bring \_\_\_\_\_ helper(s) on the boat, max. 2 people (limited space – small boats!)~~

~~Name(s) of helper(s) on the boat \_\_\_\_\_ / \_\_\_\_\_~~

We have our own boat     We have read the information "own boat"     We have attached a picture of the boat

Contact details of the captain/paddler: Name \_\_\_\_\_ Tel. \_\_\_\_\_

E-mail: \_\_\_\_\_ Name of boat owner: \_\_\_\_\_

Mobile number on the boat for safety communication: \_\_\_\_\_

Our total entry fee in CHF (Swiss Franc): Team: 300.- + (Boat 280.-) =

### 2<sup>nd</sup> Team swimmer

Name ..... First name ..... Date of Birth .....

Nationality ..... City of residence ..... Country of residence .....

Tel. .... E-mail ..... Club .....

My current personal best for 1 km: \_\_\_\_\_ min

T-Shirt Men:     S     M     L     XL     XXL

T-Shirt Women:  S     M     L     XL     XXL

### 3<sup>rd</sup> Team swimmer

Name ..... First name ..... Date of Birth .....

Nationality ..... City of residence ..... Country of residence .....

Tel. .... E-mail ..... Club .....

My current personal best for 1 km: \_\_\_\_\_ min

T-Shirt Men:     S     M     L     XL     XXL

T-Shirt Women:  S     M     L     XL     XXL

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